

Your Bridal Session



Helping a bride and her attendants look their best is my passion as a Mary Kay Sales Director. I love working with brides to help make their day picture perfect! At your session we will review many beauty secrets to help you look your very best on your special day -- a look that two or three years down the line will still make you proud of the pictures of that day!

In bridal portraits, you don't want the makeup to overshadow the whole look. The following tips will greatly assist you. So get ready to 'smile for the camera!'



How can I soften and smooth body skin?

I advise that you immediately begin a three-step body care routine -- buffing, to exfoliate dead skin cells; cleansing, to gently wash away dirt and impurities; and moisturizing, to help maintain skin's moisture balance. On the evening before the wedding, relax in a pampering bubble bath of scented gel, and then apply body lotion in the same scent while skin is still damp. You may also want to apply Sunless Tanning Lotion to add color, but be sure to start this process at least 2 weeks

before the wedding day.



What makeup shades -- and application techniques -- will guarantee tear-proof, kiss-proof results on the wedding day?

On the morning of the big wedding, I suggest the following:

Mask: Pamper yourself to a masking session to give your skin a smooth, radiant glow. *(Be sure you have tried it ahead of your wedding, though, to ensure you don't have a reaction on your skin!)*

Concealer: Apply a little full coverage concealer under the eyes and on any imperfections after foundation.

Glamour makeup: The key to wedding day glamour makeup is for it to enhance without looking heavy or overdone.

Remember, this is YOUR day and your bridesmaids' makeup should not be overdone to stand out. I will gladly assist them with their makeup as well. They should wear glamour colors that blend with the bridesmaid gown.

Also, remember that as the bride, you are going to be in white, and that extra color will be needed for you not to appear washed out. Also, one predominant area should stand out on your facial features, usually the lips, so you don't want to wear 'bold' eye colors (that may not be in style 3 years from now). And your 'rosy cheeks' should appear to have a natural glow, not an 'embarrassed look!'

Blush: You will need a little more blush than normal for the photography.

Eyes: Soft, smoky eye colors will make the eyes stand out without overshadowing the whole look.

Eye liner: If you choose to line with a pencil, the line should not be heavy -- it needs to be soft and 'smudged'. I will help you achieve this perfect look!

Mascara: Always apply two coats of waterproof mascara, letting the first coat dry thoroughly before applying the second coat. Also, use a 'minking' technique, where you apply brown mascara close to the lash line, and tip with black mascara. Always remember to curl your lashes to help your eyes to "pop" out and be noticed, without being overdone!

Lips: Go more intense on the lips (one facial feature should stand out) because the photography can lose the color. Apply lip liner along the natural lip line, and use the liner pencil to fill in the lips, providing a long-wearing base coat of color. Don't forget to preface your lip treatment with Satin Lips and the Lip Outliner Pencil to keep your lipstick on all day!

Nails: Bridesmaids can wear a coordinating nail color with their dresses, or just a natural look. However, the bride should not wear a nail color. Her nails should look natural, with Speed Set Top Coat. I highly recommend a French manicure! Treat yourself!